

Where do you wish to meet?	Blue Peris	Other meeting place – please state
Please note that meeting at Blue Peris is essential for activities requiring a wetsuit, namely sea kayaking and coasteering. If you choose to meet elsewhere and need to borrow equipment it is necessary to complete the form on page 4.		

Ratios

Coasteering 1-8
 Gorge Walking 1-10
 Underground adventure – Depending on venue 1-8 to 1-12
 Sea Level Traverse – 1-10
 Kayak and Canoe on lake 1-10
 Raft building – 1-12
 Rock Climb 1-10

Standard Times

A standard day starts at 9.15am and finishes at 4.45pm. A half day is either 9.15am to 1.00pm or 1.00pm to 4.45pm. Should you wish to meet at a venue rather than the centre a later start or earlier finish may be required to enable an instructor to load equipment and travel. An evening is from 6.30pm to 8.30pm.

Earlier starts and later finishes are negotiable but would incur increased charges.

Other Information:

Transport

Transport is *not* included for visiting staff and students.

Consent and Medical Forms

You will need to complete a form (attached to this booking form)

Food and Drink

These are not provided.

First Aid

All instructors are qualified in first aid and will carry first aid kits appropriate for the activities.



Equipment

All specialist equipment will be provided by the centre. The cost of this equipment hire is included in the instructional charges. For example we will provide harnesses and helmets for rock climbing, canoes, paddles helmets and buoyancy aids for canoeing.

Please note that the time required sorting out and issuing this equipment would impinge upon the time spent enjoying the activity sessions.

If your group is NOT meeting your instructor at the centre please fill in the form below and return it with your booking form.

Name	Waterproof Jacket	Waterproof Trousers	Wellies



Confidential –Adult –Over 18 Personal Details/ Medical Form

Course date booked:		School/college if applicable.		
Surname:	Forename:	National Health No .	Age:	Sex:
Home address:		Email:		
		Home Tel:		
		Mob:		
		Date of birth:		
Next of kin and Address:		Doctors name and address (student's):		
24h Contact Tel:		Contact Tel:		
Work Tel:		Email:		
<p>Are there any special medical or physical circumstances of which the Centre staff should be aware, e.g. asthma/epilepsy/diabetes/dislocations/disabilities: or any ALLERGIES e.g. Penicillin/ aspirin/ elastoplasts? <i>Please give all relevant details about how something could affect your performance at the centre. Contact the centre if you need additional information about how an activity might affect you, and check with your doctor if you are not sure of how a condition might affect your ability to participate (continue on another sheet if necessary)</i></p>				
<p>Are you receiving any regular medical treatment? <i>Give details and the required dose</i></p>				
Is your tetanus up to date?		Date of last vaccination:		
Swimming ability: <i>(please circle distance)</i> <i>You must be able to swim 25m to go White Water Rafting</i>	Non swimmer	25m	50+m	
Details of any special dietary requirements e.g. vegetarian, Halal or food allergies:				

I understand the conditions which I have been accepted on a course at Blue Peris. I hereby agree that I may take part in the activities organised by the Centre Manager or his representative and I agree to receiving such medical treatment as may be deemed necessary, should, in the opinion of the physician concerned, the delay in contacting my emergency contact may affect my health. . In consideration for the Centre staff and Fusion Lifestyle I agree to indemnify these against all claims, costs, actions and demands whatsoever resulting from taking part in the programme of activities or the administration of medicines unless such claims, costs, actions or demands result out of the negligence of the Centre staff or Fusion Lifestyle. . I also understand that the centre does not provide cancellation insurance. Therefore, the centre will not be liable if I do not attend due to illness, missed coach, holiday issues, home issues, personal issues, accidents which prevent me attending. Finally my possessions are not insured by the centre or Fusion Lifestyle

If you do not permit photos/videos to be used as publicity material / social media the Centre or Fusion Lifestyle please tick the box:

Signed:	Date:
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