



Rescue and Emergency Care Emergency (2 day) First Aid Course – Booking Form



The course will start at 9.00 am and finish at approximately 5 p.m on both days. Full attendance and meeting the required standard are necessary to receive the certificate.

Course dates:

School / Organisation (if any):

Personal details:

Surname Initials First Name Date of Birth

Home address & Invoice address

Postcode:

Telephone (day) Telephone (Mobile) Email

Where did you here about the course ? Please circle

Google /Internet MTA Blue Peris Web site Recommended Other (Please state)

To confirm a place on the course, I enclose:

Please tick as appropriate:

- Non-refundable deposit of £50.00 (remainder to be paid at least 14 days before the start of the course)
- Full payment
- Purchase order for the full amount due
- You may book the course less than 14 days. This requires full payment

All cheques / purchase orders should be made payable to **Fusion Lifestyle**

Are you staying in White Peris (In order to do so please check availability with the centre first)

1st Night £12.50 for 1 night 2 nights £ 25.00 £37.50 for 3 nights
Tick box

Signed Date / /

Please return to:
Blue Peris Mountain Centre, Dinorwic, Caernarfon, Gwynedd, LL55 3ET
T: 01286 870853 F: 01286 870853
bpmc-sales@fusion-lifestyle.com

Blue Peris Mountain Centre - REC FIRST AID
Confidential - Over 18's Personal Details/ Medical Form

| | | | |
|--|--|---|----------------|
| Course date booked: | | Organisation: | |
| Name: | | Sex: | Date of Birth: |
| Address : | | Next of Kin and address (if different): | |
| Mobile Tel | | Tel: | |
| Email: | | Work Tel: | |
| HomeTel: | | Mob: | |
| Doctors name and address: | | Doctors Tel: | |
| <p>Are there any special medical, physical allergies issues of which the centre staff should be aware, e.g. asthma/epilepsy/ diabetes/dislocations/disabilities: or any ALLERGIES e.g. Penicillin/ aspirin/ elastoplasts? If so please inform us the last time a fit/attack happened, the last time medication was taken or any visit to hospital/doctor. In addition to this, please give all relevant details about how something could affect your performance at the centre. Contact the centre if you need additional information about how an activity might affect you, and check with your doctor if you are not sure of how a condition might affect your ability to participate Failing to do so could put you at risk. Continue on another sheet if necessary.</p> | | | |

I understand that: I shall be taking part in physical course I am physically fit to do so.

Fusion Lifestyle is under no liability whatsoever in respect of loss or damage to personal effects which I may sustain. I agree to comply with the safety regulations as designated by the Centre Manager and staff at Blue Peris Mountain Centre. I agree to indemnify the Centre staff and Fusion Lifestyle against all claims, costs, actions and demands whatsoever resulting from taking part in the programme of activities or the administration of medicines, unless such claims, costs, actions or demands result out of the negligence of the Fusion Lifestyle / Centre staff.

If you do not permit photos/videos to be used as publicity material for the centre please tick the box:

This form is for confidential use only in the unlikely event of any problems.

| | |
|--------|-------|
| Signed | Date: |
|--------|-------|



REC – First Aid

Kit List

Set of waterproofs to be used for lying on the ground / staying dry

Outdoor Shoes

Indoor shoes

Warm clothing appropriate for the time of year. Candidates will spend time standing outside entering discussions and lying on the ground being a casualty.

Small rucksack – 20-30 litres- Enough to carry food, drink and spare clothing if we work off site.

Lunch

Note book and pen/pencil

If you have an old karrimat / sleeping mat / old jacket, then please bring along. You will spend part of the course outside and lying on the ground.